



80 WAYS *to celebrate* 80 YEARS



WITH POCONO MOUNTAINS UNITED WAY

1. Volunteer using [VolunteerMonroe](#) platform.
2. Join a Pocono Mountains United Way Committee.
3. [Mentor](#) a local student.
4. [Sign up](#) in support of PA Earned Income Tax Credit.
5. Help your neighbor (lawncare, grocery pick-up etc.)
6. [Volunteer](#) at a local food pantry.
7. [Sponsor](#) a Pocono Mountains United Way event.
8. Volunteer at a local [library](#).
9. Volunteer with our annual Day of Caring.
10. Spend time [Picking up the Poconos](#).
11. Offer your professional skills to help a local nonprofit.
12. Do a service project for a local nonprofit with your co-workers.
13. Help collect books for a United We Read book [drive](#).
14. Sign up to volunteer at our Day of Caring.
15. Increase your support to Pocono Mountains United Way by becoming a monthly [donor](#).
16. Like" and follow Pocono Mountains United Way on Facebook, LinkedIn and Instagram.





- 17.** Donate food to a local food pantry.
- 18.** Host a book drive and donate the books to United We Read's Diversity Book Drive.
- 19.** Buy a bottle of our "Birthday Wine Blend" from Mountain View Vineyards (avail.Feb. 2022)
- 20.** Make a clothing donation to a local shelter.
- 21.** Give an air-5 to anyone you see wearing a Live United T-shirt.
- 22.** Host a yard sale and donate proceeds to Pocono Mountains United Way.
- 23.** Donate excess from your vegetable garden to a local food bank.
- 24.** Send cards or flowers to the seniors at your local senior community.
- 25.** Thank an essential worker at the grocery store, gas station, or other business.
- 26.** Donate \$100 to Pocono Mountains United Way.
- 27.** Donate your excess food pantry items to the nearest food bank.
- 28.** Clear out your children's book shelves and donate them to United We Read initiative.
- 29.** Find your legislator and advocate for issues that matter to our community.





- 30.** Sign your name in support to build resilient and thriving communities.
- 31.** Take a photo of yourself in your Live United T-shirt and tag us with #80YearsUnited on Facebook and Instagram.
- 32.** Tag Pocono Mountains United Way in a photo you share doing any one of the above activities.
- 33.** Ask 80 of your Facebook friends to donate \$10 to Pocono Mountains United Way.
- 34.** Create and deliver cards to healthcare staff thanking them for their work.
- 35.** Nominate a local hero to be recognized in our 80 heroes award.
- 36.** Share your United Way story and why you give back.
- 37.** Set a goal of how many volunteer hours you will commit to in 2022.
- 38.** Volunteer to serve on Pocono Mountains United Way Resource Investment Process committee.
- 39.** Offer your employees paid time off to participate in 2022's Day of Caring.
- 40.** Ask your organization representative to be a sponsor of Pocono Mountains United Way's 80th Anniversary.
- 41.** Send us photos of you and your team participating in a Day of Caring event.





42. Invite our Resource Development Director to talk to your team about Workplace Campaigns.
43. Sponsor a square in our Getting ready for Kindergarten Calendar and Resource Guide.
44. Give an air-5 to anyone you see doing a good deed.
45. Send flowers to staff at a local senior center to brighten up their day.
46. Leave a thank you note for your mailman.
47. Pay it forward at your next coffee drive-thru visit.
48. Become a member of our Tocqueville Society.
49. Create your free will today.
50. Donate books featuring diverse authors to our book drive.
51. Set aside 80 cents per day for three months and donate the funds to Pocono Mountains United Way.
52. Make a legacy donation to Pocono Mountains United Way.
53. Adopt a furry friend from Awsom.
54. Donate blood to a local hospital or the American Red Cross.
55. Donate gently used clothing to Echo Boutique.
56. Donate stuffed animals to a local shelter.
57. Support education by reinvesting your tax dollars through Educational Improvement Tax Credit.
58. Host a car wash to support Pocono Mountains United Way.





- 59.** Make a class of (your graduation year) donation to Pocono Mountains United Way.
- 60.** Auction one piece of your artwork and donate the proceeds to Pocono Mountains United Way.
- 61.** Ask 8 of your colleagues to support Pocono Mountains United Way by signing up as monthly donors.
- 62.** Donate your gently used furniture to Habitat for Humanity.
- 63.** Check your voter registration status.
- 64.** Send a thank you card to your child's school bus driver.
- 65.** Sign up to receive Pocono Mountains United Way's newsletter.
- 66.** Send your child's teacher a thank you note.
- 67.** Shop at a local farmer's market.
- 68.** Create an employee appreciation wall at your workplace.
- 69.** Perform a random act of kindness for the next 80 days.
- 70.** Take your kids to the all-inclusive playground.
- 71.** Commit to a healthy lifestyle by including exercise in your daily routine.
- 72.** Shop local and support a local business.
- 73.** Donate school supplies to a local school.
- 74.** Share or 80 Heroes nomination form with your network.





- 75.** Share our 80th anniversary page with your network to stay tuned for updates on all things Pocono Mountains United Way.
- 76.** Share and tag us in your #TBT photos volunteering with Pocono Mountains United Way.
- 77.** Support our commitment to diversity by partnering with us to provide scholarships for students.
- 78.** Tell your friends to check their voter registration.
File your taxes for free using our free tool.
- 79.** Join us for our 80th anniversary celebration this fall.
- 80.** Sign up for a free prescription savings card through SingleCare.



GIVE. ADVOCATE. VOLUNTEER

Thank you for living United for 80 years!
www.poconounitedway.org

