

# HELP IS AVAILABLE

Connecting with community services is easy.

**PoconoInfo** is a free one-stop information and referral service for Monroe County that provides easy access to human services in our community.

📞 **570-517-3954**

@ **info@PoconoUnitedWay.org**

**PoconoInfo will help eliminate guessing, confusion, and helplessness.**

*Services and resources we can help you find:*

- Shelters/housing
- Food/clothing
- Rent/utility assistance
- Transportation
- Opioid abuse information
- Early intervention services
- Mental health services
- Development
- Legal/consumer
- Credit counseling
- Public assistance programs
- Where to donate food, clothes, furniture, & time
- Aging parent assistance
- Support groups
- And more



Pocono Mountains United Way